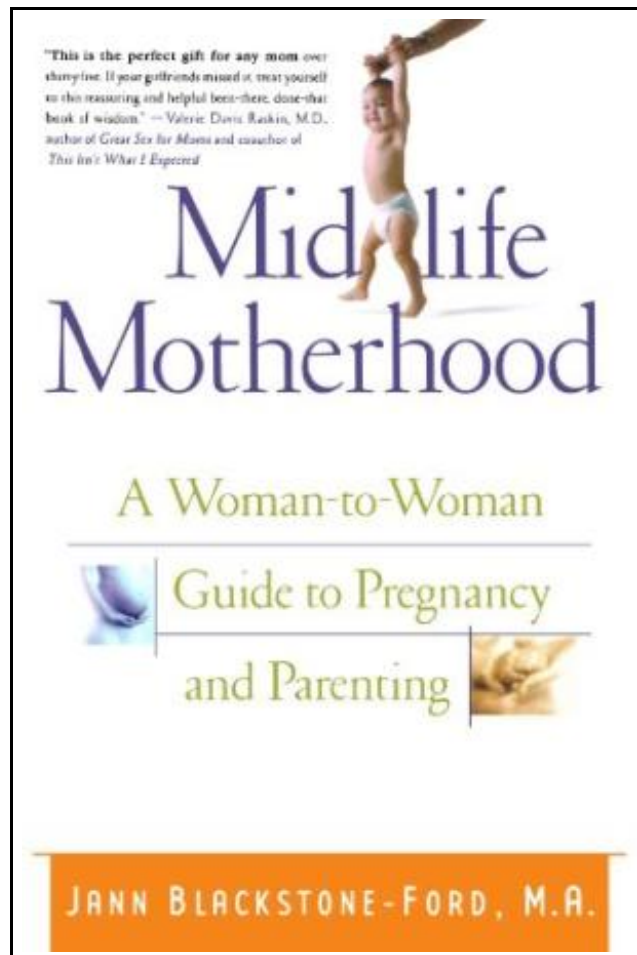


Midlife Motherhood: A Woman-To-Woman Guide to Pregnancy and Parenting



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Reviews

*Comprehensive manual for ebook fans. I am quite late in start reading this one, but better then never. Its been written in an exceptionally basic way and is particularly merely soon after i finished reading this publication in which really changed me, affect the way in my opinion.
(Prof. Antone Olson II)*

MIDLIFE MOTHERHOOD: A WOMAN-TO-WOMAN GUIDE TO PREGNANCY AND PARENTING





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St. Martin's Griffin. Paperback. Book Condition: New. Paperback. 288 pages. Dimensions: 8.5in. x 5.6in. x 0.8in. The future doesn't frighten me, but sometimes I wish there was help, a type of midlife mom roadside assistance—someone who would show up exactly when you need it and tell you how to handle the problem. —Janice Stewart, mother at thirty-nine to Joshua

What's a woman to do when she's facing menopause, toddlers, and elder care all at the same time? Women who have been there and done that provide some insight in *Midlife Motherhood*. Offering humor, warmth, and frankness, this is a handholding guide for the uninitiated. What's on their minds: Common fears and concerns: from Down's syndrome to being too old. Fertility challenges and what to physically expect from pregnancy. How to juggle postpartum demands—parenting, working, caring for aging parents . . . and all at once! Getting back into shape. Hot flashes and warm bottles: coping with hormonal changes while caring for a new baby. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.

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